



InMotion

Our job is getting you to yours!

We Want to Hear from You

Are your employees:

- Arriving to work at the last minute or late?
- Fighting traffic?
- Starting their work day stressed?
- Tired of paying high gas prices?

There is a better way to work! Call us to learn about our money saving alternative modes of transportation for your employees!

CLEAN AIR PARTNER

SPOTLIGHT



APCOM

- Makes parts for high volume and small batch assembly, with capabilities in molding, insertion molding, metal tube forming, stamping, and cold forming.
- Maker of 50% of the heating elements used in the United States.
- Products include standard and custom products built to OEM specifications.
- Clean Air Partner of Williamson County 2004-2006

InMotion is a publication of The TMA Group.

For more information about our services and programs, contact us: (615) 790-4005

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It's That Time of the Year...Holiday Travel Time

Increasing prices for hotel rooms, rental cars, gasoline and airfares won't deter the 38.3 million Americans who will travel 50 miles or more from home this holiday season. According to AAA, this is a 2.7% increase from last year's 37.3 million travelers. "Airports and highways will be busier than ever," said Robert L. Darbeinet, AAA CEO and president.

It is likely that 82.8 percent of all holiday travelers will do so by motor vehicle. The greatest number of auto travelers will originate in the Southeast, followed by the West and Midwest.

With the holiday season beginning The TMA Group cautions the public about

the hazards of sharing the road. Heavy and slow-moving traffic makes many drivers anxious, leading to such dangerous acts as tailgating and weaving in and out of traffic. Crowded roads leave little room for error.

As the holiday season begins, remember the following tips:

- ◆ Plan Ahead to Allow More Time. Don't leave late and expect to make up lost time on the road.
- ◆ Concentrate. Give driving your full attention. Do not allow yourself to become distracted by passengers, a cell phone, stereo, eating or drinking in the car.
- ◆ Obey the Speed Limit. Driving too fast can lead to errors that cannot be

corrected.

- ◆ Be Aware of the Weather. Before leaving for your trip, be aware of the weather along your route. If inclement weather is forecast, pack items such as a warm blanket, water, non-perishable food, flashlight in your car. You will be better prepared to handle delays caused by bad weather.
- ◆ Care for Your Car. Having a tune-up and checking tire inflation can improve gas mileage and make for a repair-free trip.

The holiday season is a joyous time of the year. By following a few simple steps, each driver can make a difference in the management of additional traffic on the road. -AAA

Simple Energy Saving Tips



The leaves and temperatures are falling. To keep your energy costs from rising, here are some simple tips to save energy and your money:

- Turn your thermostat down when leaving the house for the day or extended periods of

time.

- Make sure your water heater is in good condition and keep the water temperature between 115-120 degrees.
- Limit your time spent in the shower to cut down on hot water usage.
- Replace or clean air unit filters monthly.

- Turn off the lights when you leave the room.
- Shut the doors to rooms you don't use on a regular basis.
- Use compact fluorescent light bulbs.

SAVE THE AIR: Park the car at least one day a week and ride public transportation!

Employers! For information and assistance in encouraging your employees to vanpool, contact The TMA Group. The experienced transportation professionals will help you help your employees. Call us at (615) 790-4005 or email info@tmagroup.org for info.

The TMA Group/Franklin Transit Authority Awarded State Recognition at TPTA Conference

The TMA Group/Franklin Transit Authority of Franklin, Tennessee was a multiple award winner at the recent annual Tennessee Public Transportation Association conference held in Chattanooga, Tennessee, November 14 – 17, 2006.

Diane G. Thorne, Executive Director of The TMA Group was named Urban Executive of the Year. Her outstanding skills in leadership, management, public relations and employee interaction were applauded. Mrs. Thorne believes that the quality in the level of service an entity provides is directly related to the quality of its employees and the quality of the relationships it maintains with other entities, locally, statewide and nationally.

Receiving the Urban Driver of the Year Award was Kelsey Lamont Dixon, also of The TMA Group/Franklin Transit Authority. He has been a transit driver with the Franklin Transit Authority since 2004. Mr. Dixon is an exemplary employee and driver. His enthusiasm for his job and the pride he exhibits in getting people where they want to go in a safe, courteous, and timely manner is of paramount importance.

Also, named as Corporate Patron of the Year, was WAKM-AM 950 – Williamson County's Hometown Radio Station. WAKM-AM 950 was recognized as the corporate leader that has led the charge in spreading the word about the importance of the success of public transportation and vanpooling in Williamson County, and challenges other businesses to do the same. Each day WAKM-AM 950 broadcasts the Environment Report featuring the Air Quality Index, the Air Quality Forecast, the UV Index, and the Heat/Cold Index. In cases of Air Quality Alerts, the station broadcasts the information hourly until the alert situation eases. WAKM-AM 950 works with The TMA Group to produce health and environmentally-related public service announcements that run throughout the year. WAKM-AM 950 seeks to educate and promote not only the importance of public transportation, but also vanpooling, carpooling, trip-chaining and other affordable mobility options.

The Tennessee Public Transportation is composed of Tennessee's urban and rural transportation systems. The transportation providers are dedicated to promoting excellence in transportation by: increasing public transportation use; securing adequate funding; encouraging best practices among members; and disseminating research and information to customers and officials.



Clean Air Partners of Williamson County 2006-07

AIM Healthcare Services, Inc., APCOM, American Constructors, Andrews Cadillac Company, Battle Ground Academy, Brentwood Family YMCA, Cingular Wireless, City of Brentwood, City of Franklin, Civil Constructors, Inc., Clean Cities of Middle Tennessee, Comcast Advertising, Comdata Corporation, Crescent Resources, LLC, Cumberland Bank, Embassy Suites-Nashville South Cool Springs, First Tennessee, Franklin Family YMCA, Franklin Tomorrow, Healthways, J.L. Clay Senior Center, K-Mart, Land Rover Nashville, Manchester Tank, Microsoft, Middle Tennessee Electric Membership, Moody's Tire & Auto, Morningside of Franklin, NuKote International, Passport Health Communications, Plus Mark, Inc., PRIMUS Financial Services, RHR Mortgage of America LLC, RPM Transportation Consultants, LLC, Southern Exposure Magazine, Stites & Harbison, PLLC, Telco Solutions III, LLC, The Tennessee Credit Union, Tennessee Primary Care Association, Toyota Financial Services, Tri Star Energy, LLC, Wild Oats Market, Inc., Williamson County Association of Realtors, Williamson County-Franklin Chamber of Commerce, Williamson County Government, Williamson County Parks and Recreation, Williamson County Public Library, Williamson County Public Schools, Williamson Medical Center, Williamson Memorial Funeral Home, WAKM-AM 950, and Worthington Precision Metals.



This holiday season -



Shop 'til You Drop!

Park the car and ride the Franklin Trolleys to do your holiday shopping- over 360 stores on our routes!

www.franklintrolleys.org

National Influenza Vaccination Week

Flu season is upon us, but it is not too late to get your shot. Click on this link, offered by the American Lung Association, to find a flu clinic nearest you: <http://www.flucliniclocator.org/> People with asthma and other lung disease should always get a flu shot.



American Lung Association®

FluClinicLocator

ACES OF INFLUENZA

American Lung Association's Influenza Prevention Program